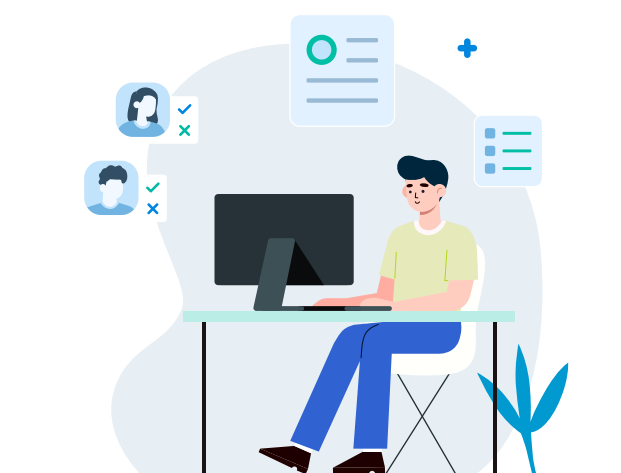




MENS SANA IN CORPORATE SANA

Company Profile



Tconsulta

Tconsulta was born in 2020 in conjunction with the spread of the Covid-19 pandemic to offer online psychological counseling services aimed at promoting the development of a corporate culture focused on well-being. The subscription platform is **available for any company wishing to offer support to its employees**, ensuring a better work-life balance on the one hand and increasing its attraction and retention on the other. The goal is to overcome once and for all the taboo linked to mental health by transforming the current global challenge into an opportunity to bring people's mental wellbeing at the forefront of our agendas, starting from our workplace. Our motto is `Mens sana in Corporate sana` because we all benefit from a happier corporate population.

The service

Tconsulta's service can be accessed through two primary models; subscription or basket based. The **subscription model** has three options: **basic** (annual subscription with unlimited access to the contents of the virtual library and video consultations that can be purchased directly from the platform), **premium** (annual subscription that includes three video consultations for each employee and unlimited access to the contents of the virtual library) and **ad hoc** (a customized solution based on the needs of each company). The **basket model** is designed for large corporations that cannot pay a fixed fee for each employee, and instead prefer to purchase a set number of consultations that are available and accessible to all their workforce. The consultations in the basket can then be topped up whenever it is running low, allowing companies to invest where the employees' needs truly are.



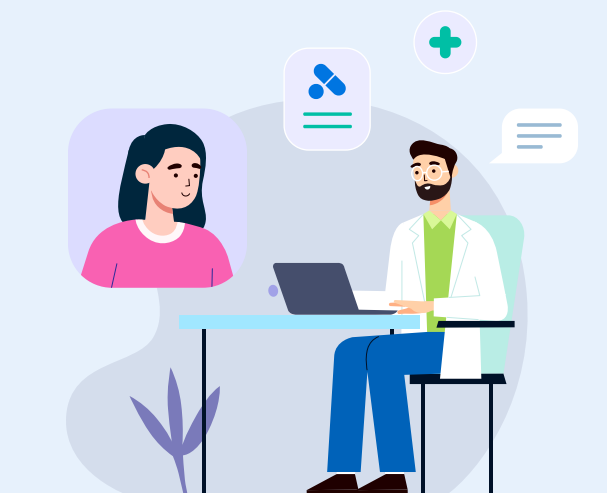
The Platform



Tconsulta's platform was designed for **easy, quick and efficient access to mental well-being services**. Companies can activate and manage their employees' subscriptions in autonomy through the HR dashboard which also allows the monitoring of aggregated data of well-being on a company level. Once registered, employees will be able to: book video consultations with a professional psychologist (in Italian, English and French), request assistance at any time via the live chat and browse the contents of the virtual library all in total anonymity. The latter was designed to offer self-assessment tools and contents on mental well-being with the ultimate aim to break the mould and drive change also through edutainment activities.

Scientific Approach

Tconsulta's intervention model is based on an innovative theoretical framework that draws on different approaches to psychology to make the individual an active participant and capable of responding to stress related symptoms with his own skills. Tconsulta's scientific rigor is guaranteed by a network of qualified professionals with previous experience in the corporate world and an approach that provides for weekly interventions and continuous updating.





Team

Guglielmo Falez and Tommaso Signorini are lifetime friends, with completely different professional backgrounds, but with the common goal of making psychological support services more accessible.



Guglielmo Falez
CEO & Co-Founder
Tommaso Signorini
Business Dev & Co-Founder



Dr. Olivia Spinola
Partner & Head of Scientific Department

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What they say about us

